



The Garden Club of Coral Springs

COME GROW WITH US!

March 2022

Member of Florida Federation of Garden Clubs (www.ffgc.org) and National Garden Club (www.gardenclub.org)

MONTHLY MEETINGS ARE THE 2ND THURSDAY DURING THE MONTHS OF OCTOBER THROUGH MAY FROM 10 AM TO NOON - LOCATIONS OF MEETINGS AND FIELD TRIPS VARY - PLEASE SEE THE SCHEDULE BELOW

A MESSAGE FROM OUR PRESIDENT JERI DECKER

Alfred Austin: The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed not just the body, but the soul.

What a fun and amazing presentation by Caryn during our February meeting. Everyone went home with their own potted plant. Thank you Debbie, Nancy D, Lynn, Jeri and Mary Anne for donating all of the plants, soil, and moss.

Please check out our website with all the links for upcoming programs. Thank you, Dave and Luanne, for keeping us in this century.

Our Yard of the Month is up and running. Don't forget to nominate a business or neighbor for this special recognition.

Our next meeting will be at Orchid Park. Check website.

Sign up to help with Garden Fest. This is our major fundraiser. Every active member is required to volunteer.

Thank you for your change donations. We were able to send money to Penny Pines to plant trees in our forest.

Thank you again for all our wonderful members. Without you we wouldn't be a success!

Jeri

2021-2022 GARDEN CLUB MEETING SCHEDULE

MARCH 10, 2022 - Regular Meeting held at Orchid Park 1300 Coral Springs Dr - Garden Fest Planning and Guest Taryn Palo speaks on Bromeliads and Tillandsias, and brings plants to sell

MAY 12, 2022—Scholarship Luncheon and Installation of Officers—Deer Creek Country Club 10 AM

APRIL 14, 2022 - Regular Meeting location TBD - Election of Officers—Guest Speaker Rose Butman from Naturescape Broward

MAY - Day TBA - Field Trip to Fairchild Tropical Gardens

APRIL 21, 2022—Spring District Meeting - Marriott Heron Bay - Speaker Arely B Lozano Cantu

Members Who Lunch in June, July and August—additional details to follow

THANK YOU TO ALL OUR AMAZING VOLUNTEERS WHO HELPED WITH SO MANY PROJECTS THROUGHOUT THE MONTH!

Our club is educational, community supportive and social. Why not tell your friends about us! They may be interested in joining! And a big welcome to our newest members, **CHADRAMOHAN CHHATPAR & PILAR LONDONO!**



NATURALLY GLOWING SKIN

Thank you to Allie White from mbg who wrote about eight plants that are great for your skin and easily grown in your backyard or window herb garden.

Camomile

Camomile helps to reduce inflammation which soothes acne, rashes and eczema. It also eases discoloration caused by sunburn or acne due to its lightening properties. This plant needs a lot of sun and occasional watering. Harvest the flowers to use in your beauty routine.

Sage

The anti-oxidants in Sage fight aging and free radicals, and act as a natural astringent for oily skin. For your hair, boil the leaves, allow it to cool and use as a rinse. To grow, use cuttings from existing plants. Be wary of humidity and overcrowding in the planter, as it is susceptible to mildew.

Mint

Besides being good for acne, mint is also anti-pruritic which means the juice can soothe and calm itchy, infected skin. To combat dry, cracked feet, boil mint leaves and let your feet soak when cooled. You can mash a few leaves into a paste to spot treat pimples or mix with oatmeal and honey for a mask. You can also turn your mint into a cooling, soothing astringent. Mint thrives when left alone. Just water regularly, so the soil is moist.

Aloe vera

Aloe vera is packed with vitamins, minerals and many other good-for-your-skin stuff. It is super hydrating, moisturizing, anti-inflammatory and can help with skin cell turnover. Carefully cut open the leaves, scoop out the gel and apply it directly as a moisturizer, skin-soother, scalp mask, leave-in-conditioner or aftershave treatment. Aloe loves the sun. Water deeply, but sparingly (weekly or bi-monthly.)

Lavender

Lavender is an antiseptic, anti-inflammatory and will soothe irritated, inflamed skin. Use the flowers (dried or fresh) to infuse creams, toners and facial steams. It will smell lovely, help improve circulation and calm your skin. Lavender is sensitive to excessive moisture and humidity so make sure there is excellent drainage and air circulation for the plant. Pruning will promote further growth, but don't over prune.

Calendula

Calendula has powerful antioxidants and can help with everything from chapped lips to flighting lines. It has been shown to help wounds heal faster, plump skin through hydration and circulation and prevent inflammation. You can simply add the flower heads to a bath and let your skin soak up all the benefits. This is a fairly self-sustaining plant. Just keep it in a shady spot as it prefers cool temps. When temps are over 85, it will likely not flower.

Thyme

Thyme is said to be more effective at clearing acne than store-bought remedies. Just infuse witch hazel or brewed green tea with the thyme. Thyme is best grown from an established plant. Just water normally and trim.

Rosemary

Pretty much anything from moisturizing skin to collagen development to free-radical fighting can be found in the leaves of the rosemary plant. It's also rich in minerals that protect skin from external damage, like sun exposure and it helps with skin elasticity as you age. Dilute Rosemary oil with water and use as a natural astringent to help fight acne. You can try massaging the oil into your scalp to promote faster hair growth and to treat dandruff or add the oil to a cleanser to boost circulation and rejuvenate skin. Bright light and cool temperatures are key to this otherwise robust herb.



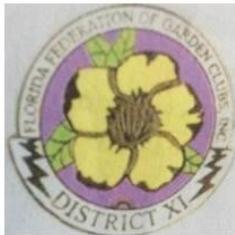
The Garden Club of Coral Springs

DATES TO REMEMBER 2022

March 4-5	Fort Lauderdale Floral Show at Birch State Park Glenn F Bates
March 5	Waterway Cleanup at Orchid Park - register at www.waterwaycleanup.org
March 10	General Meeting Orchid Park - Guest Speaker Taryn Palo
March 19-20	GardenFest at the Walk
March 26	Basket Meeting at Jeri's at 10 AM
March 27	Marjory Stoneman Douglass 9-11 AM
April 2-3	FLGC Standard Flower Show 9-4 Glenn F Bates Garden Center
April 6	Ashton Gardens 1-2 PM
April 12	Basket Making at Jeri's 10 AM
April 14	General Meeting venue TBA - Rose Butman speaker
April 21	District Luncheon Marriott CS 11 AM
April 23	EarthFest 9AM-12PM
April 24	Marjory Stoneman Douglass 9-11 AM
May 12	Scholarship Luncheon, Installation of New Officer—Deer Creek Country Club 10 AM
May TBA	Field Trip to Fairchild Tropical Garden
May 29	Marjorie Stoneman Douglass 9-11 AM

ANOTHER GREAT SUGGESTION FROM MARIETTA!

Marietta suggested we ask the members to submit their favorite places to visit and compile a list to share. This is a tough decision to make as there are so many special places in South/Central Florida that we all like to visit. We thought we would categorize them: Garden Related, For Children, Most Unusual, The Great Outdoors, Historical and Art Related. Please provide us with you special places and if possible their website address. We will compile a list and publish it in our August Edition. You can submit one for each category or just your favorite telling us in which category they belong. Please send submission to dmolski@bellsouth.net.



CALL TO THE FLORIDA FEDERATION OF GARDEN CLUBS
DISTRICT XI SPRING MEETING
April 21, 2022

TO: All District XI Garden Club Members, Circle and Council Presidents, State and District Officers, State and District Chairmen, Former FFGC Presidents, and District Directors,

HOST: The Garden Club of Coral Springs

PLACE: Marriott Heron Bay

COST: \$38.00

No refunds or reservations after April 15, 2022

DEADLINE DATE: April 15, 2022 for all delegates, alternates, and non-voting members.

REGISTRATION: 10:30

CALL TO ORDER : 11:00

PROGRAM: Urban Gardens presented by Arely B. Lozano Cantu
Director of Health Access and Livability
She/Her/They/Them

Urban Health Partnerships, I

REPORTS: Please contact District Director, Sharon Bogard by April 6th to be on the agenda. Please send 1 copy of your report to Bonny Miller Cole
Chairmen: two minutes, Presidents: three minutes, FLGC Presidents: four minutes.

PLEASE REGISTER ON LINE

ELECTION OF OFFICERS FOR 2022 TO 2024

The following are the slate thus far for our elections to be held at the April meeting with installation in May:

President - Jeri Decker

Vice-President - Mary Anne McKay

Treasurer—Luanne Betz

Recording Secretary—Carol Johnson

Corresponding Secretary - Nancy Klahr

If anyone is interested in a position, please contact Dotty Molski @ dmolski@bellsouth.net.
The more involved you are, the more fun it is!

THE GARDEN CLUB OF CORAL SPRINGS
YARD OF THE MONTH
BEAUTIFICATION PROJECT



Please help us acknowledge the beautiful yards and gardens in our community of Coral Springs and surrounding areas. We are fortunate to be able to garden year-round due to our semi-tropical climate.

If you, or someone you know, would like to be nominated for our
Yard of the Month Award

contact

gardenclubs2020@yahoo.com

with name and address of property to be nominated

HAPPY GARDENING!!

**CONGRATULATIONS TO OUR
YARDS OF THE MONTH!
Thank you for helping to keep
our neighborhoods beautiful!**



Broward Health Coral Springs



Pilar Londono
whom we must also congratulate for winning the
prestigious Broward County Emerald Award!



Brenda and Lenny Okyn



A Precautionary Tale

Our member Debbie Weatherly shared with us a sad story. She has a friend who has a Cardboard Palm Tree in her yard. Her dog ate the seed pods not knowing they were poisonous. It caused kidney failure and the pup sadly did not survive. If you have any of these in your yard, please be very cautious. Thank you, Deb, for sharing this with us to perhaps save another animal.

What other plants could be dangerous for your fur baby? ASPCA.org has a list that was way too long to put here. I encourage you to take a peak particularly if you have a fenced in backyard in which your animal is able to explore on his/her own.

INFORMATIONAL WEBSITES

www.fl.ifad.ufl.edu
Florida Friendly Landscaping

www.FDACS.gov
Florida Department of Agriculture

www.gardenclub.org
National Garden Clubs

www.ffgc.org
Florida Federation of Garden Clubs

www.dsgardenclub.com
Deep South Garden Clubs

www.coralspringsgardenclub.org
The Garden Club of Coral Springs

www.gardenfestcoralsprings.org
GardenFest

Golden Bee Award

Nominated by members.

Awarded to a member who goes above and beyond.



This month's winner is:

CARYN DESINOR

Caryn was last month's presenter demonstrating "Pot de Fleur". She is our Liaison with Marjory Stoneman Douglas High School and she also is Chairman of our Youth Group. And if that's not enough, she keeps our Instagram Account up to date with interesting facts and chairs EarthFest! In between, she helped with our preparation for several projects. Way to go Caryn!

Thank you and Congratulations, Caryn!

THE CORNER FUNNIES

So my neighbor sees me kneeling down, busy in my garden, and asks what I'm doing,
I replied "I'm putting all my plants in alphabetical order."
To which she exclaimed "Really?! I don't know how you find the time."
"Easy" I informed her. "It's right next to the sage."

JOIN US THERE!

EarthFest

Saturday, April 23, 2022 • 9 a.m. to 12 p.m.

Sawgrass Nature Center

3000 Sportsplex Drive

This free event offers a unique opportunity
to enjoy and celebrate nature!



- Nature exhibits
- Community Garden Information
- Plant giveaways*

*Plant giveaway is for Coral Springs residents only.
One plant per person

For more information contact:
clee@coralsprings.org • 954-344-1117
CoralSprings.org/events

CORAL SPRINGS
—EVERYTHING UNDER THE SUN—



CS Community Garden



WHAT TO PLANT



Annuals/Bedding Plants: Plant heat-tolerant annuals, such as crossandra, gazania, melampodium, and zinnia that will last into fall. See *Annuals*: https://edis.ifas.ufl.edu/topic_annual_landscape_plants

Bulbs: Plant gladiola corms 6 inches apart and 4 inches deep; stake as they grow. Plant caladium for a showy tropical display all summer. See *Bulbs for Florida*: https://edis.ifas.ufl.edu/topic_bulbous_flowers

Herbs: In addition to their culinary value, many herbs are ornamental and attract butterflies See *Herbs*: https://edis.ifas.ufl.edu/topic_herbs

Vegetables: This is the last month to plant arugula, beans, cantaloupe, carrots, celery, sweet corn, endive, okra, radish, squashes, Swiss chard, and watermelon. See *Vegetable Garden*

WHAT TO DO

Shrubs and trees: Prune when new growth begins after the end of the dormant season. To guard next season's blooms, begin pruning after the last flowers fade but before the new buds set. See *Pruning Landscape Trees and Shrubs*: https://edis.ifas.ufl.edu/topic_tree_pruning

Mulch: Add mulch to minimize weeds and conserve moisture during dry weather. See *Landscape Mulches*: https://edis.ifas.ufl.edu/topic_mulch

Lawns: Fertilize lawns this month if not done in February. See *Lawn Fertilizer*: https://edis.ifas.ufl.edu/topic_lawn_fertilization

Pests: Monitor landscape plants for insects, especially for the presence of aphids on tender new growth. Insects become more active during warm weather. See *Landscape Pest Management*: https://edis.ifas.ufl.edu/topic_landscape_pests

Fertilize: Fertilize palms and ornamental shrubs if not done last month. See *Palm Nutrition and Fertilization*: https://edis.ifas.ufl.edu/topic_palm_nutrition and *Landscape Fertilization*: https://edis.ifas.ufl.edu/topic_landscape_fertilization

Lawns: Identify damaging insects and spot treat early to prevent widespread damage. See *Turfgrass Pest Insects*: https://edis.ifas.ufl.edu/topic_turf_pest_insects

Tropical and subtropical fruits: Add variety and interest to the landscape and table with exotic fruits. See *Tropical Fruit for the Home Landscape*: https://edis.ifas.ufl.edu/topic_home_tropical_fruit

Citrus: Squiggly lines in the younger leaves of citrus trees indicate Citrus Leaf Miner (CLM) insects, but there is seldom a need to manage them. Natural enemies in Florida usually keep them in check. See https://edis.ifas.ufl.edu/topic_citrus_home_citrus_culture



THOUGHT YOU SHOULD KNOW



Jill Kareff	03/06	David Thompson	03/09
Carole Hirshman	03/18	Ken Decker	03/20
Luanne Betz	03/23	Marcy DiMare	03/24
Stella Hughes	03/25	Susan Shulman	03/27
Maria Sonia Shane	03/29	June Bookal	03/30

PLANT OF THE MONTH



Raven® ZZ Plant Zamioculcas zamiifolia 'Dowon'

Raven® ZZ plant features dark, purple-black foliage that contrasts other houseplants. It grows about 30 inches (76 cm) tall and wide. This patented variety is exclusively grown in North America by Costa Farms.

ZZ evolved in harsh native conditions where rainfall was scarce. So this forgiving plant will thrive on neglect in your home. Because the underground rhizome stores water, ZZ plant can go for weeks without water. Although it does like an occasional watering -- every other week or so.

These plants grow **tuber-like roots** where water and nutrients are stored along the underground rhizome. After a few years of growing, several tubers will have developed. This is called crown division or dividing the root clump for the *Zamioculcas*.



- **Refrain from watering** for at least 2 weeks.
- Remove the plant from its pot delicately.
- **Separate a tuber** from which both roots and stems are growing, threading the roots out without damaging them.
- It may require slicing with a clean blade. If wounded, cure the plant for a few hours (let it dry in open air in the shade).

Plant each separated plant into a clean pot with a layer of drainage at the bottom and light, well-draining soil.

This is the quickest propagation method. It has the advantage of producing several new leafy plants

A Florida Native Weed: Spanish Needle

By Nancy O Porter, Master Gardener Volunteer



It is called “Spanish needle,” “beggar’s ticks,” or by its scientific name, *Bidens alba*. There are eight species here in Florida. Spanish needle is a powerhouse with pollinators. And it thrives just about everywhere and all year long.

Spanish needle is happy in moderately dry, full-sun areas, as well as in grasslands or pastures, clearings in wooded areas, in wetlands, along roadsides, the banks of ditches, in nurseries, and in your very own yard! You can even find them growing happily in the containers of your most prized plants!

It assumes an upright growth pattern as tall as 36 - 48 inches. The stems are a bit hairy and the leaves resemble celery. The seeds are long and slender with barbed hooks at each end, which have great potential to affix themselves to your pants legs, socks, shoes, and any animal that brushes up against them!

They have cute little white daisy-like flowers, with yellow centers. The Florida Wildflower Foundation says “*Bidens alba* is likely the most underappreciated of all Florida’s native wildflowers.” That’s because this plant is the third most common source of nectar for honey production.

It is also edible: you can eat the young leaves raw in salads. Dry them and use as tea, or smoke them like tobacco. *B. alba* contains nutrients similar to kale, as it is high in fiber and proteins, and can also be fermented to make wine. How’s that for versatility?

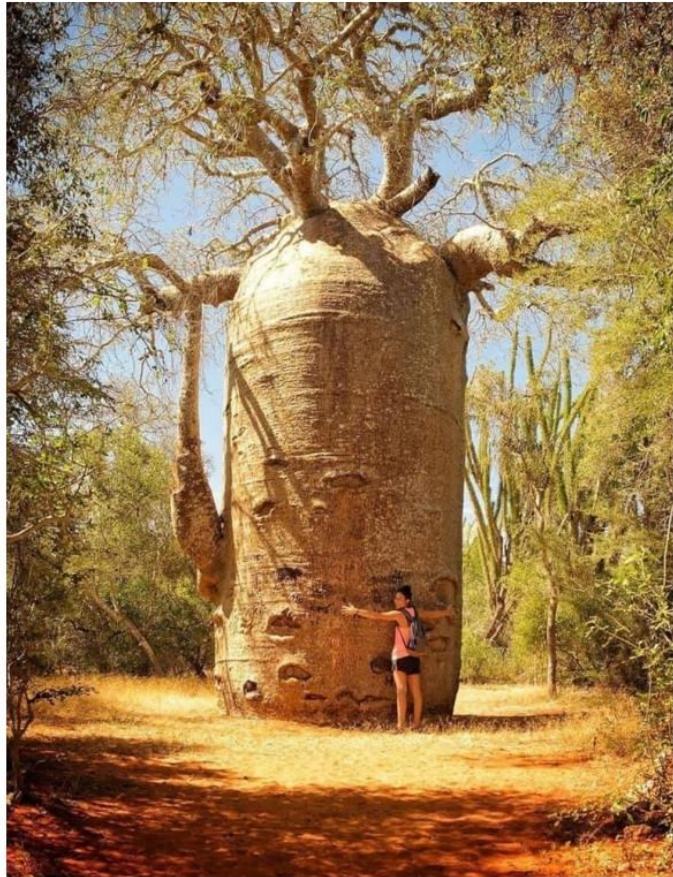
https://sfyl.ifas.ufl.edu/media/sfylifasufledu/duval/horticulture/homowner-hort-pdfx27s/Bidens_alba.pdf



This Bonsai Tree Was Planted In 1625, Survived The Bombing Of Hiroshima And Is Still Growing Today

Many people forget that trees are much older than human beings. In fact, there is even one Bonsai tree that has lived to be 394-years-old. It was first planted into the earth in 1625 and is now located at the United States National Arboretum in Washington D.C. A bonsai master from Japan named Masaru Yamaki gave the bonsai tree to the United States as a gift in 1976. At the time, the National Arboretum did not realize that the tree had survived the Hiroshima bombing in 1945. Yamaki and his family were just two miles away from the area where the American military dropped the atomic bomb down, which resulted in the death of 140,000 Japanese people. Fortunately, Yamaki and his family did not get injured or killed by the explosion. Furthermore, they kept the bonsai tree inside where it was safe with them. In 2001, the truth about the tree was finally revealed after the grandsons of Yamaki visited the tree at the National Bonsai & Penjing Museum. The museum doesn't typically advertise the history of the tree when you go there. However, you can now find its history of surviving Hiroshima on the museum's website ([bonsai-](#) In the year 1976, bonsai master Masaru Yamaki gifted this same bonsai to the United States. Now, it is housed in the U.S. National Arboretum in Washington D.C. Because it is a gift and a token of friendship that is present between the two countries, the museum did not add any information categorizing the bonsai as something special. Neither did they actually know the significant history behind it. It was only later in 2001, when the grandsons of Yamaki visited the museum that a whole new surprise was waiting to be heard. [nbf.org](#)). They presented the intricate story behind the bonsai and how it had survived one of the greatest mass destruction events that had occurred in our world.

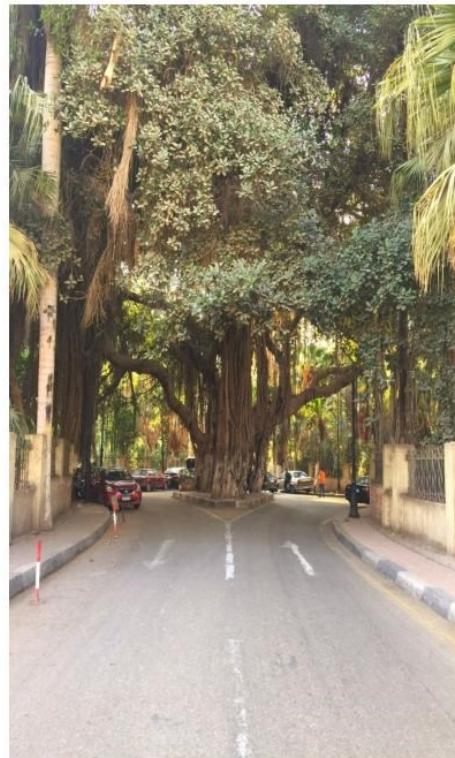
Amazing Boabab tree in Madagascar



This bulbous red cedar grows along the trail to the Cheewhat Giant (Canada's largest tree) in the [Pacific Rim National Park Reserve](#) on Vancouver Island.



This is America's first urban "agrihood" in Detroit. It feeds 2,000 households for free from this 1280 acres garden and a fruit orchard with 200 trees. They also supply food to local markets, restaurants, and food pantries. It also has a sensory garden for kids.



The Zamalek tree (Banyan tree), located on a street in Cairo, is 152 years old. It was brought from India by order of Khedive Ismail and was planted in this street in 1868 AD.

PATRON DONOR INCENTIVES

	GCCS*	FFGC*	PATCH	BADGE	MEMBER-
ROSE	\$ 500	X	X	1	2 (M/E) for 1 person**
AZALEA	\$ 250	X	X	1	1 (M/E) for 1 person
BEGONIA	\$ 100			1	1 (E) for 1 person
DAISY	\$ 50			1	



*GCCS: THE GARDEN CLUB OF CORAL SPRINGS

*FFGC: FLORIDA FEDERATION OF GARDEN CLUBS

*MEMBERSHIPS	American Orchid Society	<u>\$ 79 each</u>
	Bonnet House	<u>\$ 65 each 2/\$100</u>
	Butterfly World	<u>\$ 70 each</u>
	Fairchild Tropical Gardens	<u>\$ 95 each 2/\$120</u>
	Flamingo Gardens	<u>\$ 65 each 2/\$115</u>
	Mounts Botanical Garden	<u>\$ 50 each 2/\$ 75</u>
	National Wildlife Federation	<u>\$ 75 Garden Tools</u>
	Sawgrass Nature Center	<u>\$ 30 each 4/\$ 50</u>

***EVENT** MAY LUNCHEON

HOLIDAY PARTY

**Top two levels, 50% of money will go to Scholarship Fund

Patrons names will be acknowledged on Website, Facebook and Newsletter

ORCHID LEVEL

Sal & Marcy DiMare

ROSE LEVEL

Jeri Decker

AZALEA LEVEL

BEGONIA LEVEL

Susan Baer

Dorothy Molski

Donna Benckenstein

Mary Fellows

June Bookal

DAISY LEVEL

Mary Anne McKay

Rosemary Perrotta

Pilar Londono



THANK YOU FOR YOUR GENEROSITY

Orchid:	\$1000
Rose:	\$ 500
Azalea:	\$ 250
Begonia:	\$ 100
Daisy:	\$ 50

GardenFest 2022

An update on GardenFest is full of good news! More vendors and sponsors are on board!

The following is our current list of vendors. They support us. Please support them.

AG Clean Therapy
Anna and Laszlo Boros
Bamboo Management
Biscotti Girl
Cielos Abiertos Landscaping
Crushable Hats, Inc
Elena Metzkes
Gelato Gourmet
Greenhouse Orchids
Happy Dog Bakery Inc
Honey Smack Attack
Kreative AnGardens, Inc
Larry Smith
Magic Nursery
Sabrina Sparkman
Smart Girl, LLC
Taryn Palo

Sponsors are donating funds enabling us to offer scholarships to deserving high school students.

Ronnie Ratner-Sheldon
Coldwell Banker Realty

Sal & Marcy DiMare

Giulio Leone
Financial Advisor

Hap Pomeranz
Keyes Realty

Scott and Leslie Kessler

Law Offices of Barry A Diamond, PA
Coral Springs

Ryan Meyers
Meyers Insurance

Maria Montalbano
Sotheby's International Realty

If anyone knows someone who can be a sponsor, please send them the information from our GardenFest website. Thank you to Marcy, Jeri, Luanne and June for Chairing this event,

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Broker/Vice-President

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